

# The GIFT



## BOOK BREAKDOWN

### **WEEK 1 - Before Sunday January 14:**

Unlocking Our Mental Prisons

Chapter 1: What Now?

(28p)

### **WEEK 2 - Before Sunday January 21:**

Chapter 2: No Prozac in Auschwitz

(22p)

### **WEEK 3 - Before Sunday January 28:**

Chapter 3: All other relationships Will End

(20p)

### **WEEK 4 - Before Sunday February 4:**

Chapter 4: One Butt, Two Chairs

Chapter 5: No One Rejects You But You

(20p)

### **WEEK 5 - Before Sunday February 11:**

Chapter 6: What Didn't Happen

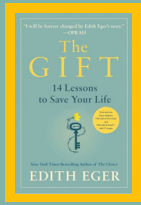
(16p)

### **WEEK 6 - Before Sunday February 18:**

Chapter 7: Nothing To Prove

Chapter 8: Would You Like To Be married To You?

(26p)



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## BOOK BREAKDOWN

### **WEEK 7 - Before Sunday February 25:**

**Chapter 9: Are You Evolving or Revolving?**  
(16p)

### **WEEK 8 - Before Sunday March 3:**

**Chapter 10: The Nazi In You**  
(14p)

### **WEEK 9 - Before Sunday March 10:**

**Chapter 11: If I Survive Today, Tomorrow I Will Be Free**  
(16p)

### **WEEK 10 - Before Sunday March 17:**

**Chapter 12: There's No Forgiveness Without Rage**  
(12p)

### **WEEK 11 - Before Sunday March 24:**

**Chapter 13: The Gift of Our Time**  
**Conclusion**  
(14p)

### **WEEK 12 - GROUP DISCUSSION**